



Neighborhood Food Drive for Local Food Pantries 2023 Cambridge MLK Day of Service

Dear Neighbors,

To honor the life and work of Rev. Martin Luther King, Jr., we are collecting non-perishable food and grocery store gift cards for food pantries in Cambridge, Somerville, *Chelsea* and Lowell as part of the 2023 Cambridge MLK Day of Service.

Approximately 13% of Cambridge residents are currently food insecure. It is estimated that 1 in 7 children in Middlesex County do not have enough to eat. Food pantries in Cambridge and surrounding towns continue to run out of food each day they open. As you all know, food prices have significantly increased this year.

We hope you will help by filling this grocery bag with non-perishable food items like:

- Pasta
- Rice
- Cereal
- Peanut Butter
- Tomato Sauce
- Tuna Fish
- Dried Beans and/or lentils
- Hot Cocoa
- Spices
- Canned Vegetables
- Sugar
- Cooking Oil
- Cake Mix and canned frosting
- Infant Formula
- Healthy Snacks!

Particular items this food pantry would like:

****IMPORTANT – PLEASE NO FOOD PAST ITS EXPIRATION or BEST BY DATE ****

\$25 gift cards from Shaws/Star Market, Market Basket or Stop + Shop are also gratefully received. If you are adding gift cards, please put them in a marked, sealed envelope in the bag.

Please put your filled grocery bag outside your front door.